

CERTIFICATE

OF PARTICIPATION

This is to certify that

Greg Dow

Has successfully participated & completed the

40km Ezemvelo Presented by BoutTime & Navworld

held at Cowhouse Market.

TIME 02:48:52

PACE 14.21km/h **OVERALL** 142 of 226 **GENDER** 97 of 150 **ELITE** 16 of 24





